### Salad Bowl

Fresh mixed salad prepared to order. Served with a choice of vinaigrette, benny t's coleslaw or mayonnaise

Mixed Salad (V)	4.80
Ham Salad	5.80
Chicken Salad	5.80
•••• <b>SOUP</b> •••	

#### **BENNY T'S HOMEMADE SOUP**

	REGULAR	LARGE
Soup of the day	3.20	4.20
Minestrone (v)	3.20	4.20

### GLUTENFree

11.30
11.90
9.20
9.40
12.50
12.50
8.60
8.60



Served in a toasted, gluten free brioche bun with lettuce, onion, sliced gherkin and a choice of tomato relish, mayonnaise or benny t's coleslaw (chicken burgers made from 100% chicken breast meat)

Beefburger	6.00	
Cheeseburger	6.20	
Chicken burger	7.70	
Thai Chicken burger	7.70	
Venison burger	7.70	
Double up any burger for an extra £2		

## LOCAL HEROES

SOURCING LOCALLY TO CHAMPION SCOTLAND'S BOUNTIFUL LARDER AND TALENTED LOCAL PRODUCERS. THIS COMMITMENT ENSURES WE ARE REDUCING OUR CARBON FOOTPRINT WHILST SUPPORTING FAMILY BUSINESSES JUST LIKE US  BAANKEEMAN SEAFOOD TAIN
G GA A SPINKS FISH MERCHANN MCRECHNIES FRUIT & VEG STIRLING
MCGECHNIES FRUIT & VEG STIRLING
MCGRARLANE MEATS & ROBERTSONS POTATOES ALVA
JOHN VALLANCE SEAFOOD GLASGOW
SDAVES MUIRMEAD
PATRICK'S OF CAMELON CAMELON
CASTLE GAME LINLITHGOW

# **kids menu**

0.8

we are here.

every kid's portion is served with chips	
fish	6.00
in crispy batter	
sausage (made by patrick's of camelon) in crispy batter	4.40
hamburger (made by patrick's of camelon) in crispy batter	4.40
chicken nuggets in crispy batter	4.40
fish cake (made by benny t's) in panko breadcrumbs	4.40
fish fingers (made by benny t's) in panko breadcrumbs	4.40

**FOLLOW US ON SOCIAL MEDIA** for the latest, updates, offers and news about

our work in the community

FALKIRK





(v) = suitable for vegetarians  $\,$  - some dishes in this menu may contain traces of nut no known genetically modified ingredients are used within any of our dishes

all our fried products are cooked in 100% non-hydrogenated vegetable oil

our products are sourced on a daily basis from some of the finest, fresh food and produce markets and suppliers

we actively support the scottish fishing industry by using fresh fish sourced from scottish waters  $% \left( {{{\rm{s}}_{\rm{s}}}} \right)$ 

all weights are approximate uncooked weights

all prices are inclusive of VAT at the current rate and correct at the time of going to print (January 2024)



TAKEAWAY MENU

ESTD

2004

GLUTEN Free

## "Home of arguably the best Fish Supper in Scotland"

Tam Cowan (Daily Record)



bennyts.co.uk



info@bennyts.co.uk

#### • • • CHIPS • • •

#### Fresh, thick-cut chips made from 100% potatoes

Regular	2.80	
Large	3.90	



This means that we reduce the risk of 'overfishing' which can have a major environmental impact. We use fresh fish landed daily at Scotland's leading fish markets.

	SUPPER	SINGLE
<b>Classic Haddock *</b> 2 fresh fillets of Scottish Haddock in crispy batter (approx 100g each)	9.80	7.00
<b>Special Haddock *</b> 2 fresh fillets of Scottish Haddock in panko breadcrumbs (approx 100g each)	10.40	7.60
<b>Small Haddock</b> * 1 fresh fillet of Scottish Haddock in crispy batter (approx 100g each)	7.70	4.90
<b>Small Special Haddock *</b> 1 fresh fillet of Scottish Haddock in panko breadcrumbs (approx 100g each)	7.90	5.10
<b>Cod</b> * 1 fresh fillet of Cod in crispy batter, panko breadcrumbs or grilled (approx 200g)	11.00	8.20
Gourmet Scampi in golden breacrumbs	9.10	6.30
Calamari Rings squid rings in crispy coating	8.90	6.10
Fritto Misto mixed seafood	8.90	6.10
* may contain small bones		

#### SOUTHERN FRIED CHICKEN

(served after 4pm)

chicken pieces (on the bone) in a gently spiced coating

6.60

SOUTHERN FRIED SPECIAL (2 PIECES WITH CHIPS)



Haggis in crispy batter - supplied by Macfarlane Meats	SUPPER 7.30	single <b>4.50</b>
Spicy Haggis in crispy batter - supplied by Macfarlane Meats	7.30	4.50
White Pudding in crispy batter - supplied by Macfarlane Meats	6.90	4.10
Black Pudding in crispy batter - supplied by Macfarlane Meats	6.90	4.10
Smoked Sausage	6.10	3.30
Smoked Sausage in crispy batter	6.40	3.60
Sausage in crispy batter - supplied by Patrick's of Camelon	7.00	4.20
Hamburger in crispy batter - supplied by Patrick's of Camelon	7.00	4.20
Chipsteak in crispy batter	6.30	3.50
King Rib in crispy batter	6.30	3.50
Chicken Nuggets in crispy batter	6.90	4.10
Chicken Breast Fillets 100% real chicken in crispy coating	7.50	4.70
Fish Fingers (made by benny t's) in panko breadcrumbs	6.40	3.60
Fish Cakes (made by benny t's) in panko breadcrumbs	6.40	3.60
Homemade Pizza Slice (made by benny t's)	6.40	3.60
Vegetable Spring Rolls (v)	6.70	3.90
Oven Baked Steak Pie supplied by Patrick's of Camelon	7.80	5.00

### EXTRAS

small - 40z medium -	8oz lar	ge – 120	DZ
	SMALL	MEDIUM	LARGE
benny t's famous coleslaw	2.10	3.70	4.60
curry sauce	2.10	3.70	4.60
gravy	2.10	3.70	4.60
marrowfat peas	1.60	2.30	3.00
mushy peas	1.60	2.30	3.00
baked beans	1.60	2.30	3.00
popcorn chicken			4.50
onion rings			4.00
buttered roll			0.50
pickled egg			0.60
pickled gherkin			0.50
pickled onion			0.45

	BEEFBURGER	4.80
DUDOEDO	CHEESEBURGER	5.00
BURGERS BURGERS	CHICKEN BURGER IN CRISPY COATING	6.50
BURGERS	THAI CHICKEN BURGER	6.50
BURGERS BURGERS	MADE BY PATRICK'S OF CAMELON VENISON BURGER MADE BY CASTLE GAME, SCOTLAND	6.50
	VEGGIE BURGER \V\	4.80

SERVED IN A TOASTED SEEDED BUN WITH LETTUCE, ONION. SLICED GHERKIN AND A CHOICE OF TOMATO RELISH, MAYONNAISE OR BENNY T'S COLESLAW.

DOUBLE UP ANY BURGER FOR AN EXTRA €2

— PIZZA	-		
Made from benny t's freshly made dough & sugo and baked in our traditional stonebaked pizza oven. Vegan Cheese available on request.			
<b>Margarita</b> (V) Traditional Tomato & Mozzarella	<b>10</b> " 7.80	<b>12"</b> 10.25	
<b>Toscana</b> (V) Tomato, Mozzarella & Onion	8.40	10.70	
<b>Funghi</b> (V) Tomato, Mozzarella & Mushroom	8.40	10.70	
<b>Vegetarian</b> (V) Tomato, Mozzarella, Peppers, Onion & Mushroom	9.00	11.30	
<b>Amalfi</b> Tomato, Mozzarella, Rocket, Parmesan & Olives	9.40	11.70	
<b>Rustica</b> Tomato, Mozzarella, Ham & Mushroom	9.20	11.50	
<b>Pollo</b> Tomato, Mozzarella, Chicken & Onions	9.20	11.50	
<b>Pollo Picante</b> Tomato, Mozzarella, Chicken, Jalepeno Peppers & Spic	9.90 Ty Italian 1	12.20 Sausage	
<b>Diavolo</b> Tomato, Mozzarella, Spicy Italian Sausage & Jalepenc	9.20 Peppers	11.50	
<b>Frutti Di Mare (Seafood)</b> Tomato & mixed seafood (no mozzarella)	9.40	11.70	
<b>Neapolitan</b> Tomato, Mozzarella, Capers, Anchovies & Olives	9.40	11.70	
<b>Sicilian</b> Tomato, Mozzarella, Artichoke, Anchovies, Ham & Oliv	9.40 es	11.70	
<b>Tre Colore</b> Tomato, Mozzarella, Ham, Red & Green Peppers	9.20	11.50	
<b>Tonno</b> Tomato, Mozzarella, Tuna & Onion	9.20	11.50	
<b>Hawaiian</b> Tomato, Mozzarella, Ham & Pineapple	9.20	11.50	